

# **Women's Day of Reflection**

## **The Greatest Wealth is Health - Steps to a Healthy/Holy Lifestyle**

*A woman who develops a healthy attitude to life, makes life easier for herself and others and at the same time sets the atmosphere for her environment. Part of this healthy attitude is a healthy i.e. holy life style based on one's physical, emotional strengths and limitations. During this day we will explore means – based on Schoenstatt's spirituality and education - to detect the strengths and weakness of our main passion and temperament combination by placing them at the service of reaching our personal ideal and mission in the covenant of love with our MTA.*

*Our Presenters:*

*Sr. M. Danielle Peters, STD is a Schoenstatt Sister of Mary and an Instructor at the International Marian Research Institute in Dayton, Ohio.*

*Mrs. Cynthia Dilliard, MD is a Schoenstatter and Clinical Psychiatrist from Philadelphia, Pennsylvania.*

**When:** Saturday, September 18, 2010  
9:30am – 2:30pm (Day begins with Holy Mass)

**Where:** Transfiguration Center for Spiritual Renewal  
3505 Calumet  
Ludlow Falls, Ohio 45339  
937-698-7180  
[www.transfigurationcenter.org](http://www.transfigurationcenter.org)

**Cost:** \$10

*Come enjoy the beauty and peace of the Transfiguration Center and some personal enrichment in our Schoenstatt way of life as women. The day will begin with Holy Mass at 9:30am and will be followed by presentations, conversation and lunch. Please call to register for this event.*